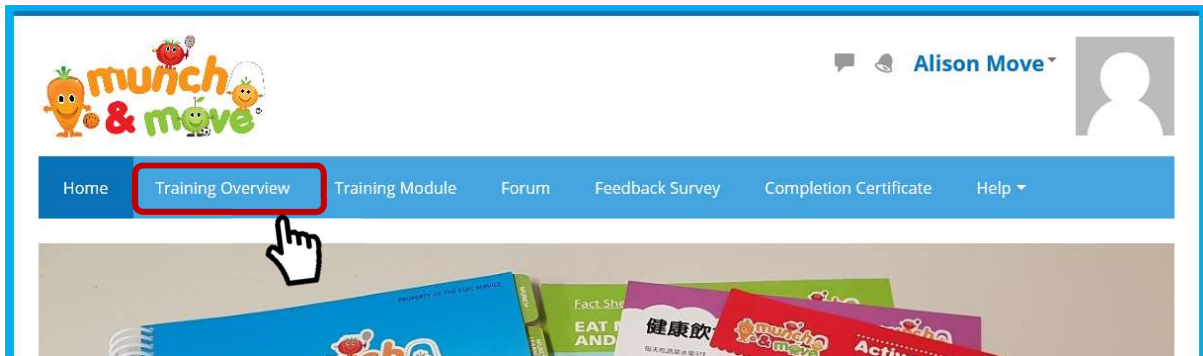


# How to find the *Munch & Move* eLearning program training

Once you have logged in, there are a number of ways to find the eLearning program training.

**Option 1.** Click on the **Training Overview** button in the **Header menu**.



*Munch & Move Training*

**CLICK HERE**

**Option 2.** Click the  button at the bottom of the *Home page*.

**Option 3.** Click on the **Munch & Move Course** from the **Navigation block** on the side of the screen.

